

North End School

122 Stevens Avenue
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Traci L. Dyer, Principal



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Home of the Panthers!

Dear Parents & Guardians,

Snack time is an important time of day at North End. In order to maintain some consistency from grade level to grade level, and make things a bit easier for parents with multiple children, the following list of approved snacks are being provided for your convenience. Please note, the snacks on this list are meant to provide families with healthy options, while maintaining a minimal amount of lost instructional time. In addition, it is important to remember, items not on the approved list may cause an allergic reactions for another student and/or other issues in our classroom when spilled or dropped, including but not limited to: insects, pests, and lost instructional time due to clean-up. **All snacks eaten in our classrooms must be peanut/nut free and not manufactured in a facility that also processes peanuts.**

Acceptable choices:

- Fruit (peeled and sliced please ☺)
- Vegetables
- Pretzels
- Goldfish/bite-sized crackers
- Plain graham crackers
- Raisins
- Yogurt/Gogurt®
- String cheese or sticks
- Water – no juice

The following items are **not acceptable** choices:

- Granola bars
- Cookies, crackers, potato chips, or foods of minimal nutritional value
- Applesauce, fruit cups
- Dips, cheese spreads, pudding cups, etc.
- Juices, sodas, etc.

I am hopeful these consistencies among the classrooms do not cause you any concern and I thank you in advance for your support with following these guidelines. If you have any questions or concerns, feel free to contact me at dyer.traci@cgschools.org.

Sincerely,

Ms. Traci Dyer