

CEDAR GROVE HIGH SCHOOL – SEPTEMBER 2021



Daily Dish



AVAILABLE DAILY

Monday 6	HAPPY LABOR DAY		Deli Central	Assorted Grab & Go Sandwiches	Thumann's
Tuesday 7				Assorted Specialty Pizzas	
Wednesday 8	French Toast Sticks	Turkey Panini with Swiss Cheese, Lettuce, Tomato & Thousand Island Dressing	AMERICAN GRILLE	All-White Meat Chicken Tenders with Split Top Dinner Roll & Fries Crispy Chicken Fillet on a Kaiser Roll Spicy Chicken Fillet on a Kaiser Roll	
Thursday 9	Popcorn Chicken w/ Split Top Dinner Roll	Italian Panini with Ham, Salami, Pepperoni & Provolone Cheese with a Balsamic Drizzle		Assorted Grab & Go Salad Specials <i>Assorted salad selections are offered with a Roll</i>	FRESH FARMISTAND
Friday 10	Pizzeria Pizza	Grilled Chicken Panini with Mozzarella Cheese, Roasted Peppers & Spinach		Free meals for all students	



Allergy Aware menus are available for students with food allergies. For more information, contact your Food Service Director or see our Food Allergy Best Practices at www.pomptonian.com.

Fruits & vegetables from The Farm Stand are included with lunch. **A complete meal includes:** Entrée with Protein/Grain, a Trip to The Farm Stand (students must select at least a serving of fruit or vegetable) & a Choice of Milk.

Also available daily: Assorted cold beverages, soups, vegetables & fresh & chilled fruit bowl. All Snacks are in compliance with the State's Guidelines. Your comments are important to us. Please e-mail us at comments@pomptonian.com. Menu Subject to Change



Look for the NJ logo which shows items on the menu featuring locally grown items.



At least 50% of All Grains served w/ your meal are Whole Grain Rich

"This institution is an equal opportunity provider."



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AMERICAN GRILLE

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Monday 13	All-White Meat Chicken Tenders Split Top Dinner Roll	Turkey Panini with Swiss Cheese, Lettuce, Tomato & Thousand Island Dressing	 Assorted Grab & Go Sandwiches  Assorted Specialty Pizzas  Assorted Specialty Pizzas  All-White Meat Chicken Tenders with Split Top Dinner Roll & Fries Crispy Chicken Fillet on a Kaiser Roll Spicy Chicken Fillet on a Kaiser Roll Assorted Grab & Go Salad Specials <i>Assorted salad selections are offered with a Roll</i>  Free meals for all students 
Tuesday 14	Pizzaboli	Italian Panini with Ham, Salami, Pepperoni & Provolone Cheese with a Balsamic Drizzle	
Wednesday 15	Hamburger on a Bun or Cheeseburger on a Bun	Grilled Chicken Panini with Mozzarella Cheese, Roasted Peppers & Spinach	
Thursday 16	Yom Kipper School Closed	Spinach, Turkey, Ham & Bacon Panini	
Friday 17	Pizzeria Pizza	Grilled Veggie Panini with Mozzarella Cheese	

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Monday 20	Popcorn Chicken w/ a Roll	Turkey Panini with Swiss Cheese, Lettuce, Tomato & Thousand Island Dressing	<p><i>Deli Central</i></p> <p>Assorted Grab & Go Sandwiches</p>  <p>Assorted Specialty Pizzas</p>  <p>All-White Meat Chicken Tenders with Split Top Dinner Roll & Fries Crispy Chicken Fillet on a Kaiser Roll Spicy Chicken Fillet on a Kaiser Roll</p> <p>Assorted Grab & Go Salad Specials <i>Assorted salad selections are offered with a Roll</i></p>  <p>Free meals for all students</p> 
Tuesday 21	Cheese Lasagna Roll-Up w/ Marinara Sauce	Italian Panini with Ham, Salami, Pepperoni & Provolone Cheese with a Balsamic Drizzle	
Wednesday 22	Nachos Grande w/Beef, Cheese, Brown Rice & Scoops	Grilled Chicken Panini with Mozzarella Cheese, Roasted Peppers & Spinach	
Thursday 23	Mini Pancakes w/ Pork Sausage	Spinach, Turkey, Ham & Bacon Panini	
Friday 24	Pizzeria Pizza	Grilled Veggie Panini with Mozzarella Cheese	

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Monday 27	Boneless Chicken Wings w/ a Roll	Turkey Panini with Swiss Cheese, Lettuce, Tomato & Thousand Island Dressing	 Assorted Grab & Go Sandwiches  Assorted Specialty Pizzas   All-White Meat Chicken Tenders with Split Top Dinner Roll & Fries Crispy Chicken Fillet on a Kaiser Roll Spicy Chicken Fillet on a Kaiser Roll Assorted Grab & Go Salad Specials <i>Assorted salad selections are offered with a Roll</i>   Free meals for all students
Tuesday 28	Cheese Ravioli w/ Marinara Sauce	Italian Panini with Ham, Salami, Pepperoni & Provolone Cheese with a Balsamic Drizzle	
Wednesday 29	French Toast w/ Pork Sausage	Grilled Chicken Panini with Mozzarella Cheese, Roasted Peppers & Spinach	
Thursday 30	All-White Meat Chicken Tenders w/ a Roll	Spinach, Turkey, Ham & Bacon Panini	
Friday 1	Pizzeria Pizza	Grilled Veggie Panini with Mozzarella Cheese	

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